



Ultimate Kickboxing for Women

www.ukbkickboxing.com

Class Schedule

905-565-6852

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 am Kickboxing Navreet		10:15 am Kickboxing Navreet		10:15 am Kickboxing Navreet	10:15 am Co-Ed Kickboxing
12:00 pm Kickboxing Navreet		12:00 pm Kickboxing Navreet		12:00 pm Kickboxing Navreet	12:00 pm ADVANCED
6:00 pm Kickboxing Krystyl	6:00 pm Kickboxing Harleen	6:00 pm Kickboxing Taylor	6:00 pm Kickboxing Afifa	6:00 pm Kickboxing G	
7:00 pm Kickboxing Aisha	7:00 pm ADVANCED	7:00 pm Co-Ed Kickboxing	7:00 pm ADVANCED	7:00 pm Co-Ed Kickboxing	
8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	8:00 pm Co-Ed Kickboxing	

Monday - Friday: 5:30 pm - 9:30 pm

Monday, Wednesday, Friday: 10 am - 1 pm

Saturday: 10 am - 1 pm